




Activities subject to change. Please refer to the activity boards for the most current information.

November

2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
<p>November's raffle prize is a handmade blanket made by Kathy Cluver. Winner will be announced Nov 29.</p>	<p>Remembrance Day Service is Nov. 8.</p> 	<p>Mini Market November 13.</p> 	<p>Who's Who Game starts November 15 & ends on November 22.</p> 		<p>10:00 am - Chair Yoga 11:00 am - Rummy Sticks 1:00 pm - 1 on 1 visit 2:00 pm - Bingo</p>	<p>Sequence on your own in the Activity Room</p>
3	4	5	6	7	8	9
<p>Crib on your own in the Activity Room</p>	<p>10:00 am - Chair Yoga 11:00 am - Trivia 2:00 pm - Bingo</p>	<p>10:00 am - Chair Stretch & Strength 2:00 pm - Men's Coffee 2:00 pm - Bingo</p>	<p>10:00 am - Yoga Vitality (new chair yoga routine) 11:00 am - Hangman by the fireplace 1:30 pm - Craft - Felt poppies</p>	<p>10:00 am - Balance and Posture exercises 11:00 am - Chit Chat by the fireplace 1:30 pm - Movie - Memphis Belle 3:00 pm - 4:00 pm - Resident Picture Day</p>	<p>10:00 am - Chair Yoga 11:00 am - Rummy Sticks 1:00 pm - 1 on 1 visit 2:00 pm - Remembrance Day service with the Castor Legion 7:00 pm - 8:00 pm - Music - Pat & Charlotte Gilmer & Friends in the dining room</p>	<p>Sequence on your own in the Activity Room</p>
10	Statutory Holiday	11	12	Mini Market 1:00 pm to 4:00 pm	13	14
<p>Crib on your own in the Activity Room</p>	<p style="text-align: center;">Remembrance Day Lest We Forget</p> <p>Boredom Busters or cards on your own in the Activity Room.</p>	<p>10:00 am - Chair Stretch & Strength 11:00 am - Tech Help with Tasha -Searching Safely 1:30 pm - Movie - Grumpier Old Men</p>	<p>10:00 am - Yoga Vitality (new chair yoga routine) 1:30 pm - Craft - Card Making</p>	<p>10:00 am - Balance & Posture exercises 11:00 am - Chit Chat by the fireplace 1:30 pm - Armchair Travel to Quebec with Mario 7:00 pm - Church</p>	<p>10:00 am - Chair Yoga 11:00 am - Rummy Sticks 1:00 pm - 1 on 1 visit 2:00 pm - Bingo</p>	<p>Sequence on your own in the Activity Room</p>
17	Tammy Away	18	Tammy away in the PM	19	20	21
<p>Crib on your own in the Activity Room</p>	<p>Boredom Busters or cards on your own in the Activity Room.</p> <p>7:00 pm - 8:00 pm - Music - Robbie Shields in the dining room</p>	<p>10:00 am - Chair Stretch & Strength 11:00 am - Hand massages - bring your own lotion. Registration is at the reception desk. 2:00 pm - Men's Coffee</p>	<p>10:00 am - Yoga Vitality (new chair yoga routine) 11:00 am - Downtown shopping 1:30 pm - Craft - Keychains</p>	<p>10:00 am - Balance and Posture exercises 11:00 am - Chit Chat by the fireplace 2:00 pm Floor Hockey 7:00 pm - Church</p>	<p>10:00 am - Bus Trip to Wainwright <i>Roads & weather permitting</i> Boredom Busters or cards on your own in the Activity Room.</p>	<p>Sequence on your own in the Activity Room</p>
24	25	26	27	Admin Day for Tammy	28	29
<p>Crib on your own in the Activity Room</p>	<p>10:00 am - Chair Yoga 10:00 pm - Chocolate making 2:00 pm - Chocolate making</p>	<p>10:00 am - Chair Stretch & Strength 11:00 am - Tech Help with Tasha - Natural Reader 2:00 pm - 3:00 pm - Music - The Jammers in the dining room. Coronation Supportive Living residents visiting.</p>	<p>10:00 am - Yoga Vitality (new chair yoga routine) 11:00 am - Book Club Meeting 2:00 pm - Birthday Party</p>	<p>Boredom Busters or cards on your own in the Activity Room.</p> <p>7:00 pm - Church</p>	<p>10:00 am - Chair Yoga 11:00 am - Rummy Sticks 1:00 pm - 1 on 1 visit 2:00 pm - Bingo</p>	<p>Sequence on your own in the Activity Room</p>
					30	

CONSORT LODGE CALENDAR OF EVENTS

November 2024



November Fun Facts:

Astrology Zodiac Signs of November:

Scorpio (October 23 – November 21)

Sagittarius (November 22 – December 21)

- **November 3** at 2 A.M. is the **end of Daylight Saving Time**. Set your clocks back one hour on Saturday night at bedtime!
- **November 11** is **Remembrance Day**.
- On **November 7, 1885**, the first transcontinental railway, the Canadian Pacific, was completed in British Columbia.
- November is of course the 11th month, as well as one of the four months in the year with only 30 days in it.
- If you were born this month, your star sign is either Scorpio or Sagittarius and your birth stone is topaz. And, on a romantic note, if you were born in the middle of November, there is every chance that you were conceived on St. Valentine's Day!
- November was the ninth month of the ancient Roman calendar and has retained its name from the Latin *novem*, meaning "nine."
- The flower for the month of November is the chrysanthemum. The word chrysanthemum comes from the Greek words *chrys* and *anthemum*, meaning golden flower. In the language of flowers, chrysanthemum is considered to symbolize honesty, joy, and optimism.
- After discovering debris-covered stairs, British archaeologist Howard Carter and his crew entered the four-room Egyptian tomb of 18-year-old King Tutankhamen on **November 26, 1922**.
- Parker Brothers introduced the world to the Monopoly game on **November 5, 1935**.
- On **November 18, 1963**, Bell Telephone Company introduced to the public the push button phone.
- John F. Kennedy was assassinated on **November 22, 1963**.
- The full moon in November is traditionally called the **Beaver Moon**. The tradition goes back to North America's early colonial years, as it was during this time of year that hunters would set their beaver traps for the last time before the lakes and water sources they lived in froze over.
- **November 3, 1957** - Soviet Russia launched the world's first inhabited space capsule, Sputnik II, which carried a dog named Laika.

Celebrating Birthdays This Month:

Kathy – November 2

Jean – November 7

Brenda – November 10

Evelyn – November 28

