

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>1</b> <b>Birthday Lunch</b> 10:00-Chair Exercise  10:30-Cards: UNO  2:00-BINGO  <small>Yom Kippur Begins</small>	<b>2</b> 10:00-Chair Exercise 11:00- Catch the Ace (card game)  <b>1:30- Meet &amp; Greet with Barb (our Volunteer)</b> 3:00-Picture It (game)	<b>3</b> 10:00-Chair Exercise  <b>10:30-Hymn Sing</b>  1:30-BINGO	<b>4</b> <b>10:00-Coffee Group with Carrie</b>
<b>5</b> <b>2:00- Church: St, George</b>  <b>7:00-Kittlers</b>	<b>6</b> <b>Happy Birthday Laura!</b>  10:00-Chair Exercise <b>10:00- Bible Study</b> 2:00-Thanksgiving Craft 6:15-BINGO  <small>Sukkot Begins</small>	<b>7</b> 10:00-Baking Apple Cinnamon Muffin & Apple Cider  10:30-Shuffleboard  <b>2:00- Hay Rides at Buckbrush</b>	<b>8</b> 10:00-Chair Exercise  10:30-Yahtzee  1:30-BINGO	<b>9</b> 10:00-Drum Fit  10:30- Thanksgiving True or False  1:30-Movie: Little Women <b>2:00-Stain Glass pt. 2</b> (Closed program)	<b>10</b> 10:00-Mini Manicures 10:30-Shuffleboard  1:30-BINGO	<b>11</b> <b>10:00-Coffee Group with Carrie</b>
<b>12</b> <b>2:00- Church: Redeemer</b>  <b>7:00-Kittlers</b>	<b>13</b>   <small>Indigenous Peoples Day Columbus Day (U.S.)</small>	<b>14</b> <b>Happy Birthday Eileen!</b>  10:30-Shuffleboard  1:30-Porker Rally  <small>Simchat Torah Begins</small>	<b>15</b> 9:30-Chair Exercise  <b>10:30-Shopping and Lunch at Eye Candy</b>  1:30-BINGO	<b>16</b> 10:00- Chair Exercise  10:30- Shake Loose a Memory  2:00- Apple Cider & Danny O'Donald (in the dining room)	<b>17</b> 10:00-Chair Exercise  <b>10:30-Hymn Sing</b>  1:30-BINGO	<b>18</b> <b>10:00-Coffee Group with Carrie</b>
<b>19</b> <b>2:00- Church: SDA</b>  <b>7:00-Kittlers</b>	<b>20</b> 10:00-Chair Exercise  <b>10:00- Bible Study</b>  2:00- Craft or Movie: Meet me in St. Louis 6:15-BINGO	<b>21</b> <b>Laura's Office Day.</b>  10:30-Shuffleboard <b>1:00-3:00- Clothing by Jodi</b> 2:00-Movie: Hocus Pocus	<b>22</b> <b>9:30-Brunch Bunch</b> (closed Group)  1:30-BINGO	<b>23</b> 10:00- Halloween treat bag making  1:30-Arm Chair Travel: Iceland	<b>24</b> 10:00-Mini Manicures 10:30-Shuffleboard  1:30-BINGO	<b>25</b> <b>10:00-Coffee Group with Carrie</b>  
<b>26</b> <b>2:00- Church: First United</b>  <b>7:00-Kittlers</b>  	<b>27</b> 10:00-Chair Exercise 11:00- Halloween Word Game 2:00- Abandoned Places in Alberta 6:15-BINGO	<b>28</b> 9:30- 15-minute stretching 10:30-Shuffleboard <b>1:00-Music with Vanessa</b> 3:00-Pumpkin painting/carving	<b>29</b> 10:00-Chair Exercise  10:30- Dominoes  1:30-BINGO	<b>30</b> 10:00-Chair Exercise  10:30- Apples to Apples (game)  1:30- Exit Game	<b>31</b> 10:00-Chair Exercise 10:30-Halloween BINGO  <b>2:00-Halloween Party</b>  <small>Halloween</small>	

**All Activities and events are subject to change.** Please Refer to the activity whiteboard and posters for current information.